



## Sierra Gardens Program Volunteer Opportunities

### What is the Sierra Gardens Program?

Building on successful models throughout the country, Sierra Gardens supports families in growing a portion of their fruits and vegetables at home. Sierra Harvest works with each family to build a backyard garden, providing classes, mentoring, and supplies for two years to ensure a successful experience. This will set the stage for a lifetime of home gardening, access to nutritious foods, physical activity and mental health. It will also be a bridge to healthy food choices. Program graduates will have the opportunity to engage as community leaders by mentoring new gardeners.

**GARDEN MENTORS NEEDED!** The Sierra Gardens program is looking for experienced and knowledgeable home gardeners who can be available to help throughout the growing season by assisting our gardening families with plant deliveries, planting, amending beds, irrigation repair, and all around support and advice. This support is in addition to what staff and volunteer build crews already provide. Schedule would be totally variable depending on what needs arise. Mentors can set their own schedule. Get your hands in the dirt and help us support our community in growing more of our own food!

#### **Responsibilities May Include:**

- Helping out with seasonal plant deliveries
- Assisting our garden families with seasonal plantings, bed prep etc
- Giving advice on basic pest problems, crop culture, or simple drip system repair
- Providing moral support and motivation to new gardeners

**Skills:** Strong body, 3-5 years experience in farming/gardening, basic understanding of and ability to troubleshoot and repair basic drip irrigation systems, ability to work with program participants in an instructive manner, and willingness to jump in and help where it's needed!

**Time Commitment:** Variable depending on what is needed any given week. You will have the ability to set your own schedule coordinating directly with the client and/or the Sierra Gardens Coordinator.

**Timeframe:** Ongoing

If interested in this volunteer position please contact Edy Cassell 530-265-2343 or [edy@sierraharvest.org](mailto:edy@sierraharvest.org)

*Sierra Harvest's mission is to educate, inspire, and connect Nevada County families to fresh, local, seasonal food.*