



## Sierra Harvest Volunteer Opportunity 2019

### Food Love Farm Volunteer Day

**Position Overview and Impact:** Come help at the Food Love Farm, our educational farm, where more than 2,000 students learn where their food comes from and get first-hand experience working on a farm. Dig beds, plant, harvest, weed and learn about organic crop production alongside the fun Sierra Harvest staff.

**Time Commitment:** Tuesdays from 9am – noon from April – June and again August – October. No need to contact in advance of your participation – just show up. However, if you are a group of 4 or more, then please do connect with Emily in advance so that she can be prepared with projects.

**Time:** You can help just 1, 2 or all 3 hours!

**Qualifications and Skills Required:** No special skills required. Enthusiasm and passion to dig in the dirt, plant, harvest and weed. Staff will train at each session.

**Additional Information:** Bring water, snack, hat, and sunscreen. Wear closed toe shoes for safety.

**Benefits of Volunteering:** Opportunity to learn more about how to produce your own organic garden, meet new friends and help support our educational farm.

**Staff Contact:** Emily Koller for more info – [emily@sierraharvest.org](mailto:emily@sierraharvest.org)

***Sierra Harvest's mission is to educate, inspire, and connect Nevada County families to fresh, local, seasonal food.***

[www.SierraHarvest.org](http://www.SierraHarvest.org) | 313 Railroad Ave. , Suite 201 | Nevada City | CA | 95959 | 530-265-2343

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