



Sierra Harvest Volunteer Opportunity 2019

Gleaning Volunteer Gold Country Gleaning Program

Position overview: Volunteers harvest fruit and veggies from June-Oct. that would otherwise go to waste from farms and home orchards donating the produce to Interfaith Food Ministry (IFM) to be distributed to those in need. All supplies are provided by Sierra Harvest and a volunteer Harvest Leader will lead the gleaning day including reviewing safety protocol and the gleaning process. There are more than 8,000 clients at IFM with 25% of them children that you will be helping to bring fresh, local and seasonal food to nourish them!

Commitment: Sign up for as few or as many gleans as you want on the website! Gleans will take place at all times of the week and day. The gleans will be listed on the gleaning page calendar for you to sign up.

Qualifications: Enjoy being outside, able to walk on uneven ground, reach up for fruit holding a picker and a bag sometimes, or be on the ground picking veggies. Sometimes a ladder is needed but it is not necessary that you utilize one as there are always other volunteers and a volunteer Harvest Leader managing the glean who can climb the ladder.

Benefits of Volunteering:

- Taste and take home seconds of delicious seasonal fruits and veggies. Bring a small bag to bring some home as a token of our appreciation.
- Meet new friends.
- Learn the seasonality of locally grown produce.

Additional Information: Bring water, snack, wide-brimmed hat, sunscreen, and work gloves. Wear closed toe shoes for safety. Once you are signed up for a glean on the website, specific directions to the gleaning site will be emailed to you plus any other details for that glean. Children may accompany you but they must be supervised at all times.

Staff Contact: Miriam Limov, Engagement Manager for more info – miriam@sierraharvest.org

Apply Now to be a volunteer gleaner at <https://www.sierraharvest.org/gleaning/> and click on the volunteer link. Complete the online form. Once you are a registered volunteer gleaner, you can sign up for all future gleans on the website. You will need to check back often for new gleans that are listed on the calendar.

Sierra Harvest's mission is to educate, inspire, and connect Nevada County families to fresh, local, seasonal food.

www.SierraHarvest.org | 313 Railroad Ave. , Suite 201 | Nevada City | CA | 95959 | 530-265-2343

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