THE GRATITUDE REPORT 2018-19
You’ve inspired a love of fresh, local, seasonal food!

While 75% of Western Nevada County schools do not have scratch cooked meals, you’ve helped thousands of school children fall in love with fresh food through monthly produce tastings, guest chefs, school gardens and veggie carts. Thanks to you, these children are now taking pride in their garden work, eating more fruits and vegetables, and building healthier habits that will last them a lifetime.
“Our son, who has a sensory processing disorder with major food aversions, had a very limited and rigid diet. After participating in Harvest of the Month, he now eats sugar snap peas, raspberries, blackberries, sweet potatoes, kiwis, and is more open to trying any new fruit or vegetable. As parents, we are very grateful for how Sierra Harvest has helped change his relationship with food, benefitting him for the rest of his life.”

The Davis Family

“My daughter came home from camp so excited about the zucchini lasagna that she helped make, she asked to cook it for her cousins and grandparents on our vacation this summer! Needless to say, it was a huge hit.”

Parent, Food Love Farm Summer Camp
95% of the food consumed in Nevada County is imported. But because of you, 27 farmers have gained the skills to start or expand their business, and 25 local farmers have been connected to business and institutional buyers!

“Before Farm Crew, becoming a farmer and pursuing my passion seemed like a distant dream. Now I feel supremely confident and able to make it a reality.”

Don Aherin, Farm Crew Program graduate
“Sierra Harvest was key in helping increase the amount of local food we are getting on our café menu. After two years of working together, I have purchased over 1,400 pounds of produce from 16 different farms! Without Sierra Harvest none of this would have been possible for us.”

Noël Slaughter RD, Director of Food and Nutrition Services at Sierra Nevada Memorial Hospital

THANKS TO YOU, LOCAL FARMERS RECEIVED OVER 700 TOTAL HOURS OF DIRECT EDUCATION TO HELP THEM BUILD MORE ROBUST FARM BUSINESSES!

100% of 2019 Farm Biz graduates feel confident in their ability to achieve financial success. Through this program, you have supported 17% of all organic farms in Nevada County to get certified!

66% of 2019 Farm Crew graduates feel ready to start their own farm

28 acres of farmable land has been matched to 15 local farmers through the Land Match program over the last 5 years

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Noël Slaughter RD, Director of Food and Nutrition Services at Sierra Nevada Memorial Hospital

Photos (L to R): Sandy Boyd, Lenkaland Photography

Sierra Nevada Memorial Hospital staff touring Mountain Bounty Farm
17,000 low-income residents struggle to put nutritious food on their table, and you have helped a thousand of them get access to fresh, local seasonal food!

Before the Sierra Gardens program, none of this year’s participants were growing food in their backyard. After one year:

- 60% fewer participants utilized a food pantry.
- 100% of participants and their children ate more vegetables than before their garden was installed.
- 100% of participants shared excess veggies with their neighbors.
- 100% more participants strongly agreed they feel happy and satisfied with their lives.
- 100% of participants shared excess veggies with their neighbors.

This year, you helped 1,000 people grow their own food in their Sierra Garden, where they enjoyed 4,000 pounds of their own fresh, organic produce. That’s a $12,000 savings in grocery bills!

“Now, every time I pull vegetables and bring them in the house, I feel successful. It is good for both my physical and mental well-being.”

Kimberly Acuna, Sierra Gardens Participant

Photo: Lenkaland Photography | Top Right: Emily Koller
You saved 11,000 pounds of locally grown produce from going to waste. Thanks to amazing volunteers, this fresh, organic produce was delivered to Interfaith Food Ministry and distributed to 8,000 community members in need.

“Please come get the pears that are falling off my trees!” exclaimed Carla, a previous client at Interfaith Food Ministry. When the gleaners came and she saw the boxes of pears ready to be donated, she exclaimed, “It feels so good to be able to give back now”.

Photos (L to R): Heidi Zimmerman, Carolyn Mackinlay
GET INVOLVED

GIVE MONTHLY

Twelve gifts in 12 months! You can improve access to fresh, local seasonal food for our community all year long by giving monthly.

sierraharvest.org/donate

VOLUNTEER

Meet new friends, develop new skills, and gain a sense of accomplishment by volunteering. Bring fresh, healthy food and nutrition education to families while having fun too!

sierraharvest.org/volunteer

YOU’RE INVITED

Come to a one-hour Good Food Tour or host one with a group of friends, and hear about Sierra Harvest programs while seeing the impact first hand.

sierraharvest.org/goodfoodtours

Photos (from left): Rachel Berry, 11:Eleven Photography
Above: Tracey Walsh
**FINANCIALS**

**INCOME**

- $994,000
- 82% Earned Income
- 13% Individual and Business Donations
- 5% Grants

**EXPENSES**

- $859,000
- 76% Direct Program Expenses
- 14% Fundraising
- 10% Management and Governance

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**STAFF AND BOARD**

**SIERRA HARVEST STAFF**

- Aimee Retzler, Co-Director
- Lauren Scott, Procurement Specialist
- Stephanie Stevens, Food & Farm Conference Producer, Food Policy Council Manager
- Kalita Todd, Farm Institute Education Coordinator
- Brianna Abundiz, Senior Farm Educator
- Janice Bedayn, Development Associate
- Rachel Berry, Engagement Director
- Malaika Bishop, Co-Director
- Edy Cassell, Sierra Gardens Coordinator
- Marisha Finkler, Farm to School Director
- Emily Koller, Food Love Farm Director
- Sophie Larsen, Farm Educator
- Miriam Limov, Engagement Manager
- Lyndly Martin, Office Manager
- Clàudio Mendonça, Sierra Gardens Assistant
- Carlyle Miller, Operations Director
- Molly Nakahara, Farm Institute Director
- Aleta Barrett, Tania Carlone, Kwong Chew, Marty Coleman-Hunt, Trisha Dells, Karin Kaufman, Erin Silverman, Rob Thompson

**BOARD OF DIRECTORS**

- Sandra Barrington, President
- Ariel Lovett-King, Vice President
- Jennifer Singer, Secretary
- Kathy Grimes, Treasurer
- Aletta Barrett
- Tania Carlone
- Kwong Chew
- Marty Coleman-Hunt
- Trisha Dells
- Karin Kaufman
- Erin Silverman
- Rob Thompson

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Photo: Emily Koller

Photo: 11:Eleven Photography
HARVESTING OUR FUTURE SOCIETY
Holding a bold vision and strong commitment, these donors have pledged at least $1,000 per year for five years to make a brighter food and farm future for Nevada County! We celebrate their dedication and deeply appreciate their investment in our community.

Sustainer Circle
$25,000+ per year for 5 years
The Edwin E. Perkins Foundation

Seed Circle
$1,000+ per year for 5 years

LEAVING A LOCAL FOOD LEGACY
We thank these supporters for taking the time and thoughtfulness to make a planned gift to Sierra Harvest. They will leave a legacy of more farms and fresh, local food!

Sandra Barrington
Paul and Eileen Jorgensen
Freda Scott
Dave and Aimee Retzler
Anonymous

“We feel honored to be supporting Sierra Harvest in bringing healthy food and education to our students and families, while ensuring the sustainability of our local farming community. Good food creates good thoughts and we hope that more Sierra Harvest ventures sprout up throughout the world”

Paul and Eileen Jorgensen, Legacy Donors

Photo: 11:Eleven Photography
WE THANK the hundreds of donors in our Sierra Harvest family who said YES to more fresh food and thriving farms through their financial contributions, July 1, 2018 through June 30, 2019.

$25,000+
Susie and David Bavo, BriarPatch Food Coop, Tom Cunningham, Transformation Trust

$10,000+
Dan and Joanne Castles, Leo and Gayle Granucci, Morrison and Foerster LLC, Welz Family Children’s Foundation

$1,000+

$500+
Mike Bainbridge, Michael and Micki Besancon, Caseywood, Century 21 Real Estate, Steve Danner and Karen Wcislo, DaVita Dialysis Center Grass Valley, Trisha and Jeff Dellis, Mark and Kathleen Fenton, David Franco, Full-Circle Learning, Robin Galvan-Davies, Gold Country Kiwanis Club, Ground Hog Augers, Lorie and Kevin Hennessy, Alisha and Dane Jensen, Shirley Kinghorn, Una Kobrin, Carrie Krehlik, Wade Laughter and Monica Senter, Greg Lewis, Loma Rica Ranch, Michael Melas, Carol Menaker, David Mineau and Diana Gibson, Bob O’Brien, Posh Squash, Shirley Reedy, Reflections, Skin Oasis, Aimee and Dave Retzler, Barbara Roemer and Glenn Miller, Rachel and Stephen Roos, Steve Rosenthal, Freda Scott and Jason Danielson, Erin and Isaac Silverman, Jennifer and Christian Singer, Bonnie and Bill Smart, Soroptimist International of the Sierra Foothills, Lauren Stowe, Karen and Darrell Suenram, SummerThyme’s Bakery and Deli, Telestream, Barbara and Ed Thomas, Norm and Jan Westmore, Debra and Dallas Wivholm
Sierra Harvest envisions a thriving local food economy where residents of all ages have access to local, seasonal food through strong connections among farmers, schools, and the community. We envision a network of financially viable farms providing food for the community, where health and wellness is the norm and people are engaged in growing, harvesting, preparing, and sharing fresh food.